East Bayfield Community Centre March Break Drop In Schedule

80 Livingstone Street E Barrie ON L4N 6X9 (705) 739-4225 March 9, 2024 - March 17, 2024

FITNESS CENTRE HOURS		GYMNASIUM SCHEDULE		SWIMMING POOL	
MON-FRI 6:00AM-9:00PM		MONDAY MARCH 11		MONDAY MARCH 11	
SAT & SUN 6:00AM-5:00PM		Drop-In Pickleball	12:30pm-2:00pm	FITNESS LANE SWIM (4L)	7:30am-10:00am
FITNESS CLASS SCHEDULE		Basketball Drop-In	2:30pm-4:00pm	FITNESS LANE SWIM (2L)	10:30am-1:00pm
MONDAY MARCH 11		Drop-In Badminton	4:30pm-6:00pm	OPEN SWIM	10:30am-1:00pm
CYCLE	6:00am-7:00am	Basketball Drop-In	6:15pm-7:45pm	AQUAFINNING (Self Directed) (2L)	12:00pm - 1:00pm
BODY SCULPT	7:30am-8:30am	Adult (16+) Drop-in Volleyball	8:15pm-9:45pm	OPEN SWIM	1:15pm-3:00pm
PILOGA - MPR	9:15am - 10:15am	TUESDAY MARC		OPEN SWIM	6:30pm-8:25pm
TOTAL BODY WORKOUT	9:15am - 10:15am	Drop-In Volleyball - All Ages	12:30pm-2:00pm	FITNESS LANE SWIM (4L)	8:30pm-9:30pm
ZUMBA	10:30am - 11:30am	Basketball Drop-In	2:30pm-4:00pm	TUESDAY MAR	
YOGA - MPR	12:00pm - 1:00pm	Drop-In Pickleball	4:30pm-6:00pm	FITNESS LANE SWIM (4L)	7:30am-10:00am
JUST MUSCLE	5:30pm-6:30pm	Drop-In Pickleball Drop-In Badminton	6:15pm-7:45pm	FITNESS LANE SWIM (4L)	12:35pm-2:35pm
ZUMBA	6:45pm-7:45pm	Drop-In Badrillilon Drop-In Pickleball	8:00pm-9:30pm	OPEN SWIM Small pool only	12:35pm-2:35pm
				OPEN SWIM	6:00pm-7:25pm
TUESDAY MAR JUST MUSCLE		WEDNESDAY MAI			
	9:15am - 10:15am	Drop-In Pickleball	12:30pm-2:00pm	FITNESS LANE SWIM (4L)	8:30pm-9:30pm
CYCLE & SCULPT	6:00pm - 7:00pm	Basketball Drop-In	2:30pm-4:00pm	WEDNESDAY M	
WEDNESDAY MA		Drop-In Badminton	4:30pm-6:00pm	FITNESS LANE SWIM (4L)	7:30am-10:00am
CYCLE & SCULPT	6:00am - 7:00am	Drop-In Volleyball - All Ages	6:30pm-8:00pm	FITNESS LANE SWIM (2L)	10:30am-1:00pm
JUST MUSCLE	7:30am-8:30am	Basketball Drop-In	8:15pm-9:45pm	OPEN SWIM	10:30am-1:00pm
SWEAT, STRENGTH & STRETCH	9:15am-10:15am	THURSDAY MAR		AQUAFINNING (Self Directed) (2L)	12:00pm - 1:00pm
ZUMBA	10:30am - 11:30am	Drop-In Volleyball - All Ages	12:30pm-2:00pm	OPEN SWIM	3:30pm - 4:55pm
UPPER BODY, CORE & STRETCH	12:00pm-1:00pm	Basketball Drop-In	2:30pm-4:00pm	OPEN SWIM	6:30pm-8:25pm
JUST MUSCLE	6:00pm-7:00pm	Drop-In Pickleball	4:30pm-6:00pm	FITNESS LANE SWIM (4L)	8:30pm-9:30pm
YOGA - MPR	7:00pm-8:00pm	Drop-In Badminton	6:15pm-7:45pm	THURSDAY MA	
THURSDAY MAI		Drop-In Pickleball	8:00pm-9:30pm	FITNESS LANE SWIM (4L)	7:30am-10:00am
CARDIO DANCE	9:15am - 10:15am	FRIDAY MARCH		FITNESS LANE SWIM (4L)	12:35pm-2:35pm
PILOGA - MPR	9:15am - 10:15am	Drop-In Pickleball	12:30pm-2:00pm	OPEN SWIM Small pool only	12:35pm-2:35pm
BOOTCAMP	11:00am - 12:00pm	Basketball Drop-In	2:30pm-4:00pm	FITNESS LANE SWIM (6L)	8:30pm-9:30pm
PILATES FLOW	12:15pm - 1:15pm	Drop-In Badminton	4:30pm-6:00pm	FRIDAY MAR	
YOGA - MPR	12:00pm - 1:00pm	Basketball Drop-In	6:15pm-7:45pm	FITNESS LANE SWIM (4L)	7:30am-10:00am
CYCLE & SCULPT	6:00pm - 7:00pm	Adult (16+) Drop-in Volleyball	8:15pm-9:45pm	FITNESS LANE SWIM (2L)	10:30am-1:00pm
TOTAL BODY WORKOUT	7:15pm-8:15pm	SATURDAY MARCI		OPEN SWIM	10:30am-1:00pm
FRIDAY MARC		Drop-In Pickleball	8:30am-10:00am	AQUAFINNING (Self Directed) (2L)	12:00pm - 1:00pm
ABS, BACK & BALANCE STEP	7:30am-8:30am 9:15am - 10:15am	Drop-In Badminton	10:30am-12:00pm	OPEN SWIM	1:15pm-3:00pm
ZUMBA	10:30am - 11:30am	Drop-in Volleyball ALL AGES Basketball Drop-In	12:30pm-2:00pm 2:30pm-4:00pm	SATURDAY MAR FITNESS LANE SWIM (4L)	12:30pm-1:30pm
SATURDAY MAI		SUNDAY MARCH		OPEN SWIM	1:30pm-3:00pm
BOOTCAMP	9:00am-10:00am	Drop-In Pickleball	10:30am-12:00pm	OPEN SWIM	3:30pm-5:00pm
YOGAFIT	10:15am-11:15am	Drop-In Badminton	12:30pm-2:00pm	SUNDAY MARCI	
TOOATTI	10.13411-11.13411	Basketball Drop-In	2:30pm-4:00pm	FITNESS LANE SWIM (4L)	12:30pm-1:30pm
		Dasketball Diop-III	2.30pm-4.00pm	OPEN SWIM	1:30pm-3:00pm
SKATING		YOUTH DROP IN	LLCC	OPEN SWIM	3:30pm-5:00pm
MONDAY MARC		MONDAY MARC		OI EN SWIIWI	3.30pm-3.00pm
Adult Hockey	8:45am - 9:35am	MONDAY FOR YOUTH 11-17 YRS	4:00pm-8:00pm		
Adult Hockey	9:45am - 10:35am			MONDAY MAR	
Adult Hockey (Womens Only)	10:45am - 12:35pm	FRIDAY MARCI		AQUAFIT (4L)	8:00am-8:45am
Public Skate (Adult)	1:00pm - 1:50pm	FRIDAY FOR YOUTH 11-17 YRS	4:00pm-8:00pm	AQUAFIT (4L)	9:00am-9:45am
Public Skate	3:15pm - 5:05pm			TUESDAY MAR	RCH 12
TUESDAY MARCH 12		ADAPTED/SENSORY DROP-INS		AQUAFIT (4L)	8:00am-8:45am
Senior Hockey	10:30am - 11:50am	Concert Deep Inc. no music and minimal mains Inval. A L. L.		AQUAFIT (4L)	9:00am-9:45am
Public Skate (Adult)	12:00pm-12:50pm	Sensory Drop-Ins - no music and minimal noise levels. Adapted equipment available for participant use. Participants must come			
Stick and Puck	3:00pm-3:50pm		AQOAFII (4L) 0.00aiii-0.45aiii		
Stick and Puck 4:00-4:50pm		Individual accompanying the participant attends for free (one		AQUAFIT (4L) 9:00am-9:45am	
WEDNESDAY MARCH 13		support worker per individual). To keep this a sensory aware this		THURSDAY MARCH 14	
Senior Hockey	10:45am - 12:05pm	adapted gym time will be cannot at 20 participants (plus support		AQUAFIT (4L)	8:00am-8:45am
Public Skate (Adult)	12:00pm-12:50pm	workers).		AQUAFIT (4L)	9:00am-9:45am
Stick and Puck	3:00pm-3:50pm	workers).		FRIDAY MAR	CH 15
Stick and Puck	4:00pm-4:50pm	TUESDAYS - LLCC -	March 12	AQUAFIT (4L)	8:00am-8:45am

FUNNASTICS
*LLCC - Lampman Lane Community Centre

THURSDAY MARCH 14

FRIDAY MARCH 15

SATURDAY MARCH 9 & 16

SKATING (Eastview Arena)
453 Grove St E, Barrie, ON L4M 6H6
SUNDAY MARCH 10 ONLY

8:45am - 9:35am

9:45am - 10:35am

10:45am - 12:05pm

11:00am - 11:50am

12:00pm - 12:50pm

6:15pm - 8:05pm 8:15pm - 9:05pm

1:30pm - 2:20pm 2:30pm - 3:20pm

3:30pm - 4:20pm

Adult Hockey

Adult Hockey

Senior Hockey

Adult Hockey

Adult Hockey

Public Skate

Public Skate

Stick and Puck

Stick and Puck

Stick and Puck (Youth 13-17)

AQUAFIT (4L)

9:00am-9:45am

5:30pm - 8:00pm

East Bayfield Community Centre Drop In Schedule

80 Livingstone Street E Barrie ON L4N 6X9 (705) 739-4225

January 7, 2024 - March 28, 2024

FITNESS CEN	ITRE HOURS			
MON-FRI 6:00AM-9:00PM				
SAT & SUN 6:00AM-5:00PM				
FITNESS CLASS SCHEDULE				
MONDAY Jan 8 - Mar 25 Excl Feb 19				
CYCLE	6:00am-7:00am			
BODY SCULPT	7:30am-8:30am			
PILOGA - MPR Excl Mar 11	9:15am - 10:15am			
TOTAL BODY WORKOUT	9:15am - 10:15am			
ZUMBA	10:30am - 11:30am			
YOGA - MPR Excl Mar 11	12:00pm - 1:00pm			

JUST MUSCLE 5:30pm-6:30pm ZUMBA 6:45pm-7:45pm TUESDAY Jan 9 Mar 26 9:15am - 10:15am JUST MUSCLE CYCLE & SCULPT 6:00pm - 7:00pm WEDNESDAY Jan 10 - Mar 27

CYCLE & SCULPT 6:00am - 7:00am JUST MUSCLE 7:30am-8:30am SWEAT, STRENGTH & STRETCH 9:15am-10:15am ZUMBA 10:30am - 11:30am UPPER BODY, CORE & STRETCH 12:00pm-1:00pm JUST MUSCLE 6:00pm-7:00pm YOGA - MPR 7:00pm-8:00pm

THURSDAY Jan 11 - Mar 28 CARDIO DANCE 9:15am - 10:15am PILOGA - MPR Excl Mar 14 9:15am - 10:15am BOOTCAMP 11:00am - 12:00pm PILATES FLOW 12:15pm - 1:15pm YOGA - MPR Excl Mar 14 12:00pm - 1:00pm CYCLE & SCULPT 6:00pm - 7:00pm TOTAL BODY WORKOUT 7:15pm-8:15pm FRIDAY Jan 12 - Mar 22

7:30am-8:30am ABS. BACK & BALANCE 9:15am - 10:15am ZUMBA 10:30am - 11:30am SATURDAY Jan 13 - Mar 23

9:00am-10:00am BOOTCAMP YOGAFIT

SKATING

MONDAY Jan 8 - Mar 4 FXCI Feb 19

Adult Hockey 8:45am - 9:35am Adult Hockey 9:45am - 10:35am Adult Hockey (Womens Only) 10:45am - 12:35pm Public Skate (Adult) 1:00pm - 1:50pm Public Skate 3:15pm - 5:05pm

TUESDAY Jan 9 -Mar 5 Senior Hockey 10:30am - 11:50am Public Skate (Adult) 12:00pm-12:50pm Stick and Puck 3:15pm-4:05pm 4:15pm-5:05pm Stick and Puck

WEDNESDAY Jan 10 - Mar 6 Senior Hockey 10:45am - 12:05pm Public Skate (Adult) 12:00pm-12:50pm Stick and Puck 3:00pm-3:50pm Stick and Puck 4:00pm-4:50pm

THURSDAY Jan 11 - Mar 7

Adult Hockey 8:45am - 9:35am Adult Hockey 9:45am - 10:35am Senior Hockey 10:45am - 12:05pm 4:00pm -5:20pm Public Skate

FRIDAY Jan 12 - Mar 8

EXCL Jan 26. Feb 2

Adult Hockey 11:00am - 11:50am Adult Hockey 12:00pm - 12:50pm

SATURDAY Jan 13 - Mar 2 EXCL Feb 3, Feb 17

Public Skate 6:15pm - 8:05pm

Stick and Puck (Youth 13-17)

SKATING (Eastview Arena) 453 Grove St E, Barrie, ON L4M 6H6

MONDAY Jan 8 - Mar 4 EXCL, Feb 19

Stick and Puck (Youth 13-17) 5:00pm - 5:50pm Public Skate 6:00pm - 7:50pm SUNDAY Jan 14 - Mar 3

Public Skate 1:30pm - 2:20pm Stick and Puck 2:30pm - 3:20pm Stick and Puck 3:30pm - 4:20pm

GYMNASIUM SCHEDULE MONDAY Jan 8 - Mar 25 Excl Feb 19 & Mar 11

Drop-In Pickleball 11:45am-1:15pm Drop-In Pickleball 1:30pm-3:00pm After School Gvm \$1 3:15pm-4:45pm TUESDAY Jan 9 - Mar 26 Excl. Mar 12 Preschool Gym Excl. Feb 27 10:30am-11:30am Drop-In Badminton Excl. Feb 27 11:45am-1:15pm Drop-In Pickleball Excl. Feb 27 1:30pm-3:00pm After School Gym \$1 Excl. Feb 27 3:15nm-4:45nm Basketball Drop-In 5:00pm-7:00pm WEDNESDAY Jan 10 - Mar 27 Excl. Mar 13 Drop-In Pickleball 8:30am-10:00am

Drop-In Pickleball 11:45am-1:15pm Drop-In Pickleball 1:30pm-3:00pm After School Gym \$1 3:15pm-4:45pm Basketball Drop-In 7:30pm-9:00pr THURSDAY Jan 11 - Mar 28 Excl. Mar 14 Preschool Gym 10:30am-11:30am Drop-In Badminton 11:45am-1:15pm Drop-In Pickleball 1:30pm-3:00pm 3:15pm-4:45pm After School Gym \$1 FRIDAY Jan 12 - Mar 22 Excl Mar 15

11:45am-1:15pm Drop-In Pickleball 1:30pm-3:00pm Drop-In Pickleball After School Gym \$1 3:15pm-4:45pm 5:15pm-6:45pm Drop-In Pickleball Adult (16+) Drop-in Volleyball 7:30pm-9:30pm

SATURDAY Jan 13 - Mar 23

Drop-In Pickleball 8:30am-10:00am Drop-In Badminton 10:30am-12:00pm Drop-in Volleyball ALL AGES 12:30pm-2:00pm Basketball Drop-In 2:30pm-4:00pm SUNDAY Jan 7 - Mar

Drop-In Pickleball 10:30am-12:00pm Drop-In Badminton 12:30pm-2:00pm Basketball Drop-In 2:30pm-4:00pm

PRESCHOOL ROOM DROP IN

TUESDAY Jan 16 - March 5 Parent Participation 1:00pm-3:00pm

WEDNESDAY Jan 17 - March 6 10:00am-12:00pm Parent Participation

THURSDAY Jan 18 - March 7 1:00pm-3:00pm Parent Participation

FRIDAY Jan 19 - March 8 10:00am-12:00pm Parent Participation

55+ DROP IN @ EBCC WEDNESDAY Jan 10 - Mar 6

55+ ACOUSTIC JAM DROP IN 1:00pm - 2:30pm THURSDAY Jan 11 - Mar 7

55+ SONGWRITERS CIRCLE DROP IN 1:00pm - 2:30pm

FRIDAY NIGHT YOUTH DROP IN - LLCC

FRIDAY Jan 12 - Mar 8

FRIDAYS FOR YOUTH 11-17 YRS 4:00pm-8:00pm

ADAPTED/SENSORY DROP-INS

Sensory Drop-Ins - no music and minimal noise levels. Adapted equipment available for participant use. Participants must come accompanied by their own support worker or parent/guardian. Individual accompanying the articipant attends for free (one support worker per individual). To keep this a sensory aware this adapted gym time will be capped at 20 participants (plus support workers)

TUESDAYS - LLCC - January 9, 2024 - April 2, 2024 FUNNASTICS 5:30pm - 8:00pm

*LLCC - Lampman Lane Community Centre

OPEN SWIM 10:30am-1:00pm AQUAFINNING (Self Directed) (2L) 12:00pm - 1:00pm FITNESS LANE SWIM (4L)
TUESDAY Jan 9 8:30pm-9:30pm Mar 26 7:30am-10:00am FITNESS LANE SWIM (4L) FITNESS LANE SWIM (6L) 12:35pm-2:35pm OPEN SWIM 6:00pm-7:25pm FITNESS LANE SWIM (4L) 8:30pm-9:30pm WEDNESDAY Jan 10 Mar 27 FITNESS LANE SWIM (4L) 7:30am-10:00am FITNESS LANE SWIM (21) 10:30am-1:00pm OPEN SWIM 10:30am-1:00pm AQUAFINNING (Self Directed) (2L) 12:00pm - 1:00pm OPEN SWIM 3:30pm - 4:55pm FITNESS LANE SWIM (4L) 8:30pm-9:30pm **THURSDAY Jan 11** Mar 28 FITNESS LANE SWIM (4L) 7:30am-10:00am FITNESS LANE SWIM (3L) 12:35pm-2:35pm FITNESS LANE SWIM (6L) Excl Feb 1 8:30pm-9:30pm FRIDAY Jan 12 - Mar 22 Excl Feb 2 & Mar 1 FITNESS LANE SWIM (41) 7:30am-10:00am FITNESS LANE SWIM (2L) 10:30am-1:00pm OPEN SWIM 10:30am-1:00pm AQUAFINNING (Self Directed) (2L) 12:00pm - 1:00pm SATURDAY Jan 13 - Mar 23 E cl Feb 3 & Mar 2 FITNESS LANE SWIM (4L) 12:30nm-1:30nm OPEN SWIM 1:30pm-3:00pm OPEN SWIM 3:30pm-5:00pm SUNDAY Jan. 7 - Mar 24 Excl Feb 4 & Mar 3

SWIMMING POOL

MONDAY Jan 8 - Mar 25

7:30am-10:00am

10:30am-1:00pm

12:30pm-1:30pm

1:30pm-3:00pm

3:30pm-5:00pm

9:00am-9:45am

FITNESS LANE SWIM (4L)

FITNESS LANE SWIM (2L)

FITNESS LANE SWIM (4L)

OPEN SWIM

OPEN SWIM

AQUAFIT (4L)

AQUA FITNESS

MONDAY Jan 8 - Mar 25 AQUAFIT (4L) 8:00am-8:45am AQUAFIT (4L) 9:00am-9:45am TUESDAY Jan 9 - Mar 26 AQUAFIT (4L) 8:00am-8:45am AQUAFIT (4L) 9:00am-9:45am WEDNESDAY Jan 10 - Mar 27 AQUAFIT (4L) 8:00am-8:45am AQUAFIT (4L) 9:00am-9:45am THURSDAY Jan 11 Mar 28 AQUAFIT (4L) 8:00am-8:45am AQUAFIT (4L) 9:00am-9:45am FRIDAY Jan 12 - Mar 22 Excl Feb 2 AQUAFIT (4L) 8:00am-8:45am