

80 Livingstone Street E Barrie ON L4N 6X9 (705) 739-4225

January 6, 2025 - March 31, 2025

FITNESS CENTRE HOURS

MON-FRI 6:00AM-9:00PM
SAT & SUN 6:00AM-5:00PM

FITNESS CLASS SCHEDULE

MONDAY Jan 6 - Mar 31 Excl Feb 17		
CYCLE	6:00am-7:00am	Lois
TOTAL BODY WORKOUT	7:30am-8:30am	Lois
PILOGA - MPR	9:15am-10:15am	Sarah
TOTAL BODY WORKOUT	9:15am-10:15am	Christy
ZUMBA	10:30am-11:30am	Cathy T.
YOGA - MPR	12:00pm-1:00pm	Lee
JUST MUSCLE	5:30pm-6:30pm	Carol K.
ZUMBA	6:45pm-7:45pm	Cathy T.
TUESDAY Jan 7 - Mar 25		
JUST MUSCLE	9:15am-10:15am	Patty
SOCA	10:30am-11:30am	Brianna
YOGA - MPR	5:30pm-6:30pm	Jenny
CYCLE & STRENGTH	6:00pm-7:00pm	Shelley
WEDNESDAY Jan 8 - Mar 26		
CYCLE & STRENGTH	6:00am-7:00am	Lois
JUST MUSCLE	7:30am-8:30am	Lois
TOTAL BODY WORKOUT	9:15am-10:15am	Sarah
ZUMBA	10:30am-11:30am	Cathy T.
JUST MUSCLE	6:00pm-7:00pm	Huguette
YOGA - MPR	7:00pm-8:00pm	Anne Marie
THURSDAY Jan 9 - Mar 27		
CARDIO DANCE	9:15am-10:15am	Cathy S.
PILOGA - MPR	9:15am-10:15am	Anne Marie
BOOTCAMP	11:00am-12:00pm	Mary
YOGA - MPR	12:00pm-1:00pm	Anne Marie
ZUMBA	12:15pm-1:15pm	Cathy S.
CYCLE & STRENGTH	6:00pm-7:00pm	Shelley
FRIDAY Jan 10 - Mar 28		
ABS, BACK & BALANCE	7:30am-8:30am	Lois
STEP	9:15am-10:15am	Christy
ZUMBA	10:30am-11:30am	Cathy T.
JUST MUSCLE	12:00pm-1:00pm	Patty
SATURDAY Jan 11 - Mar 29		
BOOTCAMP	9:00am-10:00am	Chantal
YOGA	10:15am-11:15am	Chantal
CARDIO DANCE	11:30am-12:30pm	Huguette

Fitness class descriptions and names have changed. Please refer to our Fitness Class Description page at Barrie.ca

EBCC SKATING

MONDAY (Jan 6 - Mar 24) Excl. Feb 17, Mar 31		
ADULT HOCKEY Excl Mar 10	9:00am - 9:50am	
SENIOR HOCKEY Excl Mar 10	10:00am - 11:20am	
WOMENS HOCKEY Excl Mar 10	11:30am - 12:50pm	
PUBLIC SKATING	3:00pm - 4:50pm	
TUESDAY (Jan 7 - Mar 25)		
ADULT HOCKEY	11:00am - 11:50am	
PUBLIC SKATING (ADULT) Excl Mar 11	12:00pm - 12:50pm	
STICK AND PUCK	3:00pm - 3:50pm	
STICK AND PUCK	4:00pm - 4:50pm	
WEDNESDAY (Jan 8 - Mar 26)		
WOMENS HOCKEY STARTS FEB 5 Excl Mar 12	9:00am - 10:20am	
SENIOR HOCKEY	10:30am - 11:50am	
STICK AND PUCK	3:00pm - 3:50pm	
STICK AND PUCK	4:00pm - 4:50pm	
THURSDAY (Jan 9 - Mar 27)		
ADULT HOCKEY Excl Feb 6	8:30am - 9:20am	
ADULT HOCKEY Excl Feb 6	9:30am - 10:20am	
PUBLIC SKATING	4:00pm - 5:20pm	
FRIDAY (Jan 10 - Mar 28) Excl Mar 7, Mar 14		
SENIOR HOCKEY	10:30am - 11:50am	
ADULT HOCKEY	12:00pm - 12:50pm	
SATURDAY (Jan 11 - Mar 29) Excl Feb 15, Mar 15, Mar 22		
STICK AND PUCK (YOUTH 13-17)	6:00pm - 6:50pm	
PUBLIC SKATING	7:00pm - 8:50pm	

GYMNASIUM SCHEDULE

MONDAY Jan 6 - Mar 31 Excl Feb 17 & Mar 10		
DROP IN BADMINTON	10:10am-11:40pm	
DROP IN PICKLEBALL	11:45am-1:15pm	
DROP IN PICKLEBALL	1:30pm-3:00pm	
AFTER SCHOOL GYM \$1	3:15pm-4:45pm	
TUESDAY Jan 7 - Mar 25 Excl. Mar 11		
PRESCHOOL GYM	10:15am-11:15am	
DROP IN BADMINTON	11:45am-1:15pm	
DROP IN PICKLEBALL	1:30pm-3:00pm	
AFTER SCHOOL GYM \$1	3:15pm-4:45pm	
WEDNESDAY Jan 8 - Mar 26 Excl. Mar 12		
DROP IN PICKLEBALL Excl Feb 26	8:00am-9:30am	
PRESCHOOL GYM (1/2 GYM) Excl Feb 26	10:00am-11:00am	
DROP IN BADMINTON (1/2 GYM) Excl Feb 26	10:00am-11:30am	
DROP IN PICKLEBALL Excl Feb 26	11:45am-1:15pm	
DROP IN PICKLEBALL Excl Feb 26	1:30pm-3:00pm	
AFTER SCHOOL GYM \$1 Excl Feb 26	3:15pm-4:45pm	
DROP IN BASKETBALL	7:30pm-9:00pm	
THURSDAY Jan 9 - Mar 27 Excl. Mar 13		
PRESCHOOL GYM (1/2 GYM)	9:15am-10:15am	
DROP IN PICKLEBALL (1/2 GYM)	9:45am-11:15am	
PRESCHOOL GYM (1/2 GYM)	10:30am-11:30am	
DROP IN BADMINTON	11:45am-1:15pm	
DROP IN PICKLEBALL	1:30pm-3:00pm	
AFTER SCHOOL GYM \$1	3:15pm-4:45pm	
FRIDAY Jan 10 - Mar 28 Excl. Mar 14		
DROP IN BADMINTON	10:10am-11:40pm	
DROP IN PICKLEBALL	11:45am-1:15pm	
DROP IN PICKLEBALL	1:30pm-3:00pm	
AFTER SCHOOL GYM \$1	3:15pm-4:45pm	
DROP IN PICKLEBALL	5:15pm-6:45pm	
ADULT (16+YRS) DROP IN VOLLEYBALL	7:30pm-9:30pm	
SATURDAY Jan 11 - Mar 29 Excl Feb 8, Mar 1		
DROP IN PICKLEBALL Excl Mar 22	8:30am-10:00am	
DROP IN BADMINTON Excl Mar 22	10:30am-12:00pm	
DROP IN VOLLEYBALL ALL AGES Excl Mar 22	12:30pm-2:00pm	
DROP IN BASKETBALL	2:30pm-4:00pm	
SUNDAY Jan 12 - Mar 30 Excl Feb 9		
DROP IN PICKLEBALL	10:30am-12:00pm	
DROP IN BADMINTON	12:30pm-2:00pm	
DROP IN BASKETBALL	2:30pm-4:00pm	

PRESCHOOL ROOM DROP IN

TUESDAY Jan 7 - Mar 25 Excl. Mar 11		
PARENT PARTICIPATION	9:00am - 10:00am	
PARENT PARTICIPATION	1:00pm - 4:00pm	
WEDNESDAY Jan 8 - Mar 26 Excl. Mar 12		
PARENT PARTICIPATION	9:00am - 10:00am	
PARENT PARTICIPATION	1:00pm - 4:00pm	
Sensory Adapted Preschool - Parent Participation	5:00pm - 6:30pm	
THURSDAY Jan 9 - Mar 27 Excl. Mar 13		
PARENT PARTICIPATION	9:00am - 10:00am	
PARENT PARTICIPATION	1:00pm - 4:00pm	
FRIDAY Jan 10 - Mar 28 Excl. Mar 14		
PARENT PARTICIPATION	9:00am - 10:00am	
PARENT PARTICIPATION	1:00pm - 4:00pm	

55+ DROP IN @ EBCC

WEDNESDAY Jan 15 - Mar 26 Excl. Mar 12		
55+ ACOUSTIC JAM DROP IN	1:00pm - 2:30pm	
THURSDAY Jan 16 - Mar 27 Excl. Mar 13		
55+ SONGWRITERS CIRCLE DROP IN	1:00pm - 2:30pm	

YOUTH DROP IN - LLCC

MONDAY Jan 6 - Mar 31 Excl. Mar 10		
MONDAYS FOR YOUTH 11-17 YRS	4:00pm-8:00pm	
FRIDAY Jan 10 - Mar 28 Excl. Feb 21, Mar 14		
FRIDAYS FOR YOUTH 11-17 YRS	4:00pm-8:00pm	

SCHEDULE SUBJECT TO CHANGE - FOR MOST UP TO DATE VERSION PLEASE VISIT play.barrie.ca

SWIMMING POOL

MONDAY Jan 6 - Mar 31 Excl Feb 17 & Mar 10		
FITNESS LANE SWIM (4L)	7:30am-10:00am	
FITNESS LANE SWIM (2L)	10:30am-1:00pm	
OPEN SWIM	10:30am-1:00pm	
AQUAFINNING (Self Directed) (2L)	12:00pm - 1:00pm	
FITNESS LANE SWIM (4L)	8:30pm-9:30pm	
TUESDAY Jan 7 - Mar 25 Excl. Mar 11		
FITNESS LANE SWIM (4L)	7:30am-10:00am	
FITNESS LANE SWIM (6L)	12:35pm-2:35pm	
OPEN SWIM	6:00pm-7:25pm	
FITNESS LANE SWIM (4L)	8:30pm-9:30pm	
WEDNESDAY Jan 8 - Mar 26 Excl. Mar 12		
FITNESS LANE SWIM (4L)	7:30am-10:00am	
FITNESS LANE SWIM (6L)	12:35pm-2:35pm	
OPEN SWIM	3:30pm - 4:55pm	
FITNESS LANE SWIM (4L)	8:30pm-9:30pm	
THURSDAY Jan 9 - Mar 27 Excl. Mar 13		
FITNESS LANE SWIM (4L)	7:30am-10:00am	
FITNESS LANE SWIM (3L)	12:35pm-2:35pm	
FITNESS LANE SWIM (6L)	8:30pm-9:30pm	
FRIDAY Jan 10 - Mar 28 Excl. Mar 14		
FITNESS LANE SWIM (4L)	7:30am-10:00am	
FITNESS LANE SWIM (2L)	10:30am-1:00pm	
OPEN SWIM	10:30am-1:00pm	
AQUAFINNING (Self Directed) (2L)	12:00pm - 1:00pm	
SATURDAY Jan 11 - Mar 29		
FITNESS LANE SWIM (4L)	12:30pm-1:30pm	
OPEN SWIM	1:30pm-3:00pm	
OPEN SWIM	3:30pm-5:00pm	
SUNDAY Jan 12 - Mar 30		
FITNESS LANE SWIM (4L)	12:30pm-1:30pm	
OPEN SWIM	1:30pm-3:00pm	
OPEN SWIM	3:30pm-5:00pm	

AQUA FITNESS

MONDAY Jan 6 - Mar 31 Excl Feb 17 & Mar 10		
AQUAFIT (4L)	8:00am-8:45am	
AQUAFIT (4L)	9:00am-9:45am	
TUESDAY Jan 7 - Mar 25 Excl. Mar 11		
AQUAFIT (4L)	8:00am-8:45am	
AQUAFIT (4L)	9:00am-9:45am	
WEDNESDAY Jan 8 - Mar 26 Excl. Mar 12		
AQUAFIT (4L)	8:00am-8:45am	
AQUAFIT (4L)	9:00am-9:45am	
THURSDAY Jan 9 - Mar 27 Excl. Mar 13		
AQUAFIT (4L)	8:00am-8:45am	
AQUAFIT (4L)	9:00am-9:45am	
FRIDAY Jan 10 - Mar 28 Excl. Mar 14		
AQUAFIT (4L)	8:00am-8:45am	
AQUAFIT (4L)	9:00am-9:45am	

ADAPTED/SENSORY DROP-INS

Sensory Drop-Ins - no music and minimal noise levels. Adapted equipment available for participant use. Participants must come accompanied by their own support worker or parent/guardian. Individual accompanying the participant attends for free (one support worker per individual). To keep this a sensory aware this adapted gym time will be capped at 20 participants (plus support workers).

TUESDAYS - LLCC - January 7 - March 25, 2024	
FUNNASTICS	5:30pm - 8:00pm
*LLCC - Lampman Lane Community Centre	

EASTVIEW ARENA SKATING

SUNDAY Jan 12 - Mar 9		
STICK AND PUCK Excl. Feb 9, 16	1:30 PM - 2:20 PM	
STICK AND PUCK	2:30 PM - 3:20 PM	
PUBLIC SKATING	3:30 PM - 4:20 PM	
MONDAY Jan 6 - Mar 3		
STICK AND PUCK (YOUTH 13-17 ONLY)	5:00 PM - 5:50 PM	
PUBLIC SKATING	6:00 PM - 7:50 PM	