

SENIORS CENTRE WITHOUT WALLS

Art Your Service

Every Weekday, morning and afternoon sessions. FREE to all.



**exercise, chat & learn
without going anywhere.**

WHAT IS ART YOUR SERVICE?

We Bring Fitness, Creativity, Community & Connection Right into Your Home, Virtually!
Two Sessions a Day, Five Days a Week. Add it to your schedule!

See the calendar of activities here... [Virtual Classes](#) | [Art Your Service](#)

Or check the customer service desks for this week's printed calendar. Get registered,
contact Heather at 705 739 4220 ext. 5685 or heather.kenehan@barrie.ca.

Terrific Tuesdays Returning in September!

Join our fun group chat over the phone weekly. Call Heather to get on the list! Terrific Tuesdays is an interactive guided teleconference style chat each Tuesday morning at 10 am for one hour. Quizzes, games, radio plays, guest speakers and more. Call Heather at 705 739 4220 ext. 5685.



PALS

Parkview & Allandale Seniors
The newsletter of Parkview and Allandale 55+ Centres
For more information, visit barrie.ca



ALLANDALE 55+ CENTRE
190 Bayview Drive, P.O. Box 400, Barrie, ON L4M 4T5
Call Allandale Rec Centre for information and to register.
705 728 5141
Recreation Programmer: Heather Kenehan

PARKVIEW 55+ CENTRE
189 Blake Street, P.O. Box 400, Barrie, ON L4M 4T5
705 737 0755
Recreation Programmer: Heather Kenehan

AUGUST 2022

IN THIS ISSUE...

- Summer dances @Parkview
- Tech Help clinics
- Upcoming this Fall
- And more !

Summer Dance Success!



Thanks to all the volunteers who made the Summer Dance at Allandale such a success!
Great tunes by DJ George.



New to the 55 + Centres? Visit us for a tour and to check out our programs! We are open Monday to Friday 9 am to 3:30 pm and some evenings. Look inside this edition for the full schedule of activities and events. Membership is \$56.50* per year for all activities at both centres! (Some additional special event fees apply). Check the newsletter. Or try out an activity with your day pass, just \$2.65

*resident fee. Non resident fee may also apply. One, 3 and 6 month passes available. See customer service desk for details . . .

Carpet Bowling Teams- New Sign up



In September and October our Allandale Centre carpet bowling program will use team/carpet sign up. Starting at 9:30 am on Wednesdays only participants may sign up for the team/carpet of their choice. The goal of this pilot project is to build fair play and opportunities for all. (Some adjustments maybe required). This Fair Play pilot program will run September 7th to early November when it will be reviewed by your Advisory council. We look forward to your cooperation with our Fair Play program. Thank you.



NEW THURSDAY NIGHTS AT ALLANDALE

Join us each Thursday evening at 6:30 pm to 8 pm for a variety of games. Darts, backgammon, board games, cards and more! This timeslot replaces the Monday nights. Where: Allandale Main Hall. **September 8th to December 15th** inclusive. Membership or day pass required. See you then! Please note the Monday games night will not be offered in August.

COMING SOON! Learn to Play Bid Euchre



In this "hands on" learn to play Bid Euchre clinic June E. will lead you through the basics of the game. No fee. **When: Thursday September 15th 10:00 - 11:30 am.**
Where: Parkview Centre. Call the Centre to reserve your spot. 705 737 0755.



Gentle Reminder The goal of the City of Barrie 55 + Centres is to ensure all participants have a rewarding, memorable, safe and fun experience. Providing a safe environment is a collaborative process.

- Enjoy the game or activity
 - Cheer as much as you want and cheer in a positive manner
 - Be courteous and respectful
 - Abuse will not be tolerated
- We are all here to have fun and enjoy ourselves.

If you disregard our policy you may be directed to leave the centre.
Thank you for your cooperation.

Allandale Customer Service Desk Changes

Please note that the Allandale Recreation Centre Customer Services desk will be relocated to the upper level at Allandale, in two locations.

One outside the 55+ Centre in the upper lobby to scan in patrons to the fitness centre and the 55+ center, and to assist with inquiries;
The second location inside the 55+ Centre where the "volunteer" desk is now located to process memberships, sell bus passes and garbage tags

Anticipated dates are starting August 8 for approximately 1 month* (based on best projected timelines subject to change).

Please give extra time for entry into your program as it is on a first come first served basis.
Thank you for your cooperation.

SPECIAL NOTICE



ALL IN PERSON PROGRAMS AT PARKVIEW CENTRE WILL BE CANCELLED

AUGUST 8- 19TH INCLUSIVE.

For City of Barrie Day Camps. We regret the inconvenience this will cause. Please visit the Parkview 55 + Centre or check out our activity calendar. Try virtual program. See page 8 for more details!



Just a friendly reminder that though it may be hot outside, you may find it cool inside. Bring a light sweater that you can put on to keep yourself at a comfortable temperature. Thank you.

QUIZ ANSWERS



Who is Who?? Match the comment to the face! The answers to last month's quiz.

- "My special talent is singing and playing guitar (6 & 12 string plus mandolin)" - George M. (top left)
- "I love to cook...Basically anything Italian!" - Mark A (bottom right)
- "Organizing Special Events for the seniors. This extends from 33 years of teaching": Shirley M (top row middle)
- "Loves dogs/cats, while growing up we either had one or the other or both. They make u feel good and helps with stress." - Joan A. Bottom row, middle
- "Love the Blue Jays and Maple Leafs!! Carol B- Top row on the right. Hint, her T shirt says it all!

BONUS! "My favorite animal is a Snowy Owl. ... My hobbies are knitting, counted cross stitch, bead work. latch hook rugs. I have lots of favorite foods. Pizza tops the list-" Louise bottom left.

TECH HELP



First time laptop or device user?

BOYD (BRING YOUR OWN DEVICE)

Laptop/iPad/cell phone or other device to learn how use it.

Lead by Barrie Public Library staff. No fee.

THURSDAY AUGUST 4 @10:00 AM

PARKVIEW CENTRE , 189 BLAKE STREET. 705 737 0755 TO SIGN UP

TUESDAY AUGUST 23 @1:30 PM

ALLANDALE CENTRE , 190 BAYVIEW DRIVE , MAIN HALL

(in the Allandale 55 + Centre) 705 728 6332 TO SIGN UP

Save the date for the ACTIVE LIVING FAIR.: Tuesday October 4, 2022 .

- Looking to reconnect with your Community? This one-day event has it all. .
- Promoting active and healthy living; Guest Speakers, demos, giveaways and more!. Free to all older adults in the Barrie area. Information in our September newsletter.



SENIORS RIDE FREE ON THURSDAYS!!

SUMMER DANCES



LIVE BANDS
EVERY THURSDAY
TIL AUGUST 4.

1:30 to 3:30 pm
Parkview Centre
\$5.00 at the door..

189 Blake Street Barrie, 705 737-0755.

STAY TUNED FOR OUR SEPTEMBER SCHEDULE.

NEW
PROGRAMS

CHECK THESE OUT

- **Parkview Dances.** Thursdays 1:30-3:30. Live Band. \$5 at the door. June 23- Aug 4. See posters in the Centre for September Dance start up.
- **Table Tennis, Added time:** Friday Nights 6:30 to 8:30 pm at Parkview Centre. Membership fee or day pass applies.
- **Cornhole; Bocce: Try our new equipment.** See what all the excitement is all about. Wednesdays at 1 pm at Allandale
- **Euchre Friday Nights!** A friendly game of Euchre every Friday night. Where: Parkview Centre. When: 6:30 pm
- **Darts: Tuesdays 1:30-3:30 pm** at Parkview location **(New)**. Starting August 23. Membership or day pass fees.
- **Progressive Euchre- Mondays at 1 pm at Allandale.** Membership/\$2.65 day
- **Ladies only Snooker** Wednesdays at 12 pm Parkview games room. Ladies this is your time!
- **Karaoke** Tuesdays at 10 am at Parkview Centre. Membership required or day pass fee.
- **Games Night at Allandale** : date change starting September 8th. See bulletin in this issue for details.

COMING SOON... BOOK CLUBS



By popular request we will soon be offering book clubs! In partnership with the Barrie Public library. Interested in a genre book club? Want to know more about what that is? Call or email Heather for more details...The schedule will be posted shortly...Look for details on our bulletin boards. Heather Kenehan 705 739 4220 ext. 5685.



DID YOU KNOW?

Allandale 55 + Integrated Baseball team plays every Thursday evening.

Check out their games. Join them to cheer them on!. Sponsored by the Allandale 55 + Centre ..

When: Thursday evenings. See schedule posted in the bulletin board at Allandale Centre.

Where: [lennox park barrie google maps - Search \(bing.com\)](#) Lennox Park **How to get there:** Just off Big Bay Point Rd, below Huronia Rd. Turn at Loon. Fields are beside St. Michael's School. Be sure to take a chair for comfort, but bleachers are available