

PEGGY HILL TEAM COMMUNITY CENTRE DROP IN SCHEDULE

As of 8/5/2022 9:27 AM
June 28-Sept 2, 2022

171 Mapleton Ave., Barrie, ON, L4N 8T6, (705) 792-7925

SUMMER SCHEDULE

FITNESS CENTRE HOURS MON-FRI 6:00AM-9:00PM SAT & SUN CLOSED
FACILITY CLOSED MONDAY AUGUST 1 (CIVIC HOLIDAY)

FITNESS CLASS SCHEDULE		
MONDAY (July 4-Aug 29) Excl. Aug 1		
LIVING FIT	Leni	9:15am-10:00am
H.I.I.T. (Intense Intervals)	Phyllis	12:15pm-1:00pm
BOOTCAMP	Jenny	5:00pm-5:45pm
PIYO	Cathy S.	6:00pm-6:45pm
ZUMBA	Cathy S.	7:00pm-7:45pm
TUESDAY (July 5-Aug 30)		
YOGA FIT	Leni	9:15am-10:00am
TABATA BOOTCAMP	Phyllis	5:30pm-6:15pm
YOGA FIT	Maria	6:30pm-7:15pm
WEDNESDAY (July 6-Aug 31)		
CARDIO & CORE	Leni	9:15am-10:00am
H.I.I.T. (Intense Intervals)	Liam	12:00pm-12:45pm
CYCLE	Erica	5:45pm-6:30pm
ZUMBA	Heather	7:00pm-7:45pm
THURSDAY (July 7-Sept 1)		
TOP GUNS/ROCK BOTTOMS	Phyllis	12:15pm-1:00pm
ZUMBA	Heather	5:15pm-6:00pm
YOGA STRETCH	Maria	6:30pm-7:15pm
FRIDAY (July 8-Sept 2)		
TOTAL BODY WORKOUT	Phyllis	12:00pm-12:45pm

GYMNASIUM SCHEDULE	
MONDAY (July 4-Aug 29) Excl. Aug 1	
BASKETBALL DROP IN	7:45pm-9:00pm
TUESDAY (July 5-Aug 30)	
BASKETBALL DROP IN - Aug 30 Only	5:45pm-7:00pm
VOLLEYBALL DROP IN	7:30pm-9:00pm
WEDNESDAY (July 6-Aug 31)	
OPEN GYM - Aug 31 Only	5:45pm-7:15pm
BASKETBALL DROP IN	7:30pm-9:00pm
THURSDAY (July 7-Sept 1)	
OPEN GYM - Sept 1 ONLY	5:45pm-7:00pm
PICKLEBALL DROP IN (1/2 GYM)	7:15pm-8:45pm
BADMINTON DROP IN (1/2 GYM)	7:15pm-8:45pm
FRIDAY (July 8-Sept 2)	
OPEN GYM - Sept 2 ONLY	6:00pm-7:30pm
BASKETBALL DROP IN	8:00pm-9:00pm

YOUTH CENTRE	
FRIDAY (July 8-Sept 2)	
YOUTH CENTRE DROP IN	3:30pm-8:30pm

SWIMMING POOL	
MONDAY (July 4-Aug 29) Excl. Aug 1	
FITNESS LANE SWIM	6:00am-8:00am
OPEN SWIM	11:00am-1:00pm
OPEN SWIM	2:30pm-4:00pm
OPEN SWIM	6:45pm-8:00pm
FITNESS LANE SWIM	8:00pm-9:00pm
TUESDAY (July 5-Aug 30)	
FITNESS LANE SWIM	6:00am-8:00am
OPEN SWIM	11:00am-1:00pm
OPEN SWIM	2:30pm-4:00pm
WEDNESDAY (July 6-Aug 31)	
FITNESS LANE SWIM	6:00am-8:00am
OPEN SWIM	11:00am-1:00pm
OPEN SWIM	2:30pm-4:00pm
FITNESS LANE SWIM (4 lanes only)	8:00pm-9:00pm
THURSDAY (July 7-Sept 1)	
FITNESS LANE SWIM	6:00am-8:45am
OPEN SWIM	11:00am-1:00pm
OPEN SWIM	2:30pm-4:00pm
OPEN SWIM	6:45pm-8:00pm
FRIDAY (July 8-Sept 2)	
FITNESS LANE SWIM	6:00am-8:00am
OPEN SWIM	11:00am-1:00pm
OPEN SWIM	2:30pm-4:00pm
FITNESS LANE SWIM	7:15pm-8:15pm
AQUA FITNESS	
MONDAY (July 4-Aug 29) Excl. Aug 1	
AQUA FIT	8:00am-8:45am
TUESDAY (July 5-Aug 30)	
AQUA FIT	8:00am-8:45am
WEDNESDAY (July 6-Aug 31)	
AQUA FIT	8:00am-8:45am
FRIDAY (July 8-Sept 2)	
AQUA FIT	8:00am-8:45am