Seniors Centre Without Walls

Seniors’ Centre Without Walls 101

- You do not need to be a member of 55+ Centres for this free program
- Programs are multi-person phone conversations (or conference calls)
- No special equipment needed – just your average phone!
- Phone session lasts between 30-60 minutes.
- Talk to one another, learn have fun!

“The Coffee Chat was a great way to connect to others feeling the loneliness of having to Stay Home through this COVID-19 Pandemic”

- Mary Fitzgerald
We are resuming our Terrific Tuesdays Telephone based programs in September…

What is Terrific Tuesdays? Telephone conversations in a group of like minded seniors, every Tuesday morning at 10 am. Laughs, jokes, games, radio plays, music and guest speakers and more. Easy set up… All you need is a phone!

Terrific Tuesday Games include…

Table Topics – We have a box full of fun, unique, and offbeat questions to start interesting and memorable conversations!

Would You Rather - Chose between two scenarios. Would you rather explore the ocean or space? Laugh along with friends as you explore these fun questions together.

Brain Teasers - Think outside the box.

Celebration Days - Popular holidays celebrated around the world including history, fun facts and some trivia.

Finish The Line (Fill in the Blank) - Help fill in the blanks of famous quotes, expressions, song lyrics, movie titles and many more categories!

Radio Plays - Listen in to these great oldies, popular radio programs of the 1930s, ’40s &’50s.

Trivia - Memory loss can be improved simply by doing mental exercise every day. Give your brain a workout with our tip-top trivia questions.

Join us! Call for details to get your name on the list for our Fall programs to start in September!

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