

Fitness & Gymnasium activities require participants to wear clean, indoor running shoes

Allandale Recreation Centre

190 Bayview Dr, Barrie, ON, L4N 4Y8 (705) 728 5141

FITNESS CENTRE HOURS		55+ CENTRE - MAIN HALL		SWIMMING POOL	
6:00AM-9:00PM		55+ DARTS	10:00am-11:30am	FITNESS LANE SWIM - 6L	7:00am-8:55am
		55+ TABLE TENNIS	10:00am-11:45am	OPEN SWIM - SMALL POOL	9:15am-11:55am
		55+ PROGRESSIVE EUCHRE	1:00pm-3:30pm	FITNESS LANE SWIM - 6L	11:00am-11:55am
FITNESS CLASS SCHEDULE		AQUAFITNESS		FITNESS LANE SWIM - 3L	12:00pm-2:55pm
TOTAL BODY WORKOUT	9:00am-9:55am	AQUAFIT	9:00am-9:45am	OPEN SWIM - SMALL POOL	12:00pm-2:55pm
ON THE BALL	10:30am-11:30am	AQUAFIT	10:00am-10:45am	OPEN SWIM - HALF BIG POOL	1:05pm-2:55pm
				BONUS FITNESS LANE SWIM - 6L	5:05pm-6:00pm
				BONUS FAMILY DAY SWIM – BOTH POOLS	6:05pm-7:55pm
				FITNESS LANE SWIM - 6L	8:05pm-9:00pm
				OPEN SWIM - SMALL POOL	8:05pm-9:00pm

East Bayfield Recreation Centre

80 Livingstone St E, Barrie, ON, L4N 6X9 (705) 739-4225

FITNESS CENTRE HOURS		GYMNASIUM SCHEDULE		SWIMMING POOL	
6:00AM-10:00PM		FAMILY ZUMBA - FREE	9:00am-10:00am	FITNESS LANE SWIM (3L)	7:30am-10:00am
		DROP IN BADMINTON - ALL AGES	10:30am-12:00pm	FITNESS LANE SWIM (2L)	10:30am-1:00pm
		VOLLEYBALL DROP IN - ALL AGES	12:30pm-2:00pm	OPEN SWIM	10:30am-1:00pm
FITNESS CLASS SCHEDULE		BASKETBALL DROP IN - ALL AGES	2:30pm-4:00pm	AQUAFINNING (Self Directed) (2L)	12:00pm-1:00pm
CYCLE	6:00am-7:00am	DROP IN PICKLEBALL - ALL AGES	4:30pm-6:00pm	BONUS OPEN SWIM	6:30pm-8:25pm
TOTAL BODY WORKOUT	7:30am-8:30am	BASKETBALL DROP IN - ALL AGES	6:30pm-8:00pm	FITNESS LANE SWIM (4L)	8:30pm-9:30pm
FAMILY ZUMBA - GYMNASIUM	9:00am-10:00am	VOLLEYBALL DROP IN - ALL AGES	8:30pm-10:00pm	AQUAFITNESS	
PILOGA - MPR	9:15am-10:15am			AQUAFIT (4L)	8:00am-8:45am
TOTAL BODY WORKOUT	9:15am-10:15am			AQUAFIT (4L)	9:00am-9:45am
ZUMBA	10:30am-11:30am				
YOGA - MPR	12:00pm-1:00pm				
JUST MUSCLE	5:30pm-6:30pm				
ZUMBA	6:45pm-7:45pm				

Eastview Arena

453 Grove Street E., Barrie, ON, L4M 5S1

SKATING

STICK AND PUCK (YOUTH 13-17 ONLY)	5:00pm- 5:50pm
PUBLIC SKATING	6:00pm-7:50pm

Peggy Hill Team Community Centre

171 Mapleton Ave, Barrie, ON, L4N 8T6 (705) 792-7925

FITNESS CENTRE HOURS		GYMNASIUM SCHEDULE		SWIMMING POOL	
6:00AM-10:00PM		PICKLEBALL DROP IN ALL AGES	8:30am-10:00am	FITNESS LANE SWIM	6:00am-8:25am
FITNESS CLASS SCHEDULE		VOLLEYBALL DROP IN ALL AGES	10:30am-12:00pm	OPEN SWIM	11:00am-12:30pm
LIVING FIT	9:15am-10:15am	BASKETBALL DROP IN ALL AGES	12:30pm-2:00pm	BONUS OPEN SWIM	3:30pm-4:55pm
H.I.I.T. (INTENSE INTERVALS)	12:05pm-12:55pm	BADMINTON DROP IN ALL AGES	2:30pm-4:00pm	OPEN SWIM	6:30pm-8:00pm
ZUMBA	5:00pm-6:00pm	VOLLEYBALL DROP IN ALL AGES	4:30pm-6:00pm	FITNESS LANE SWIM	8:45pm-9:45pm
INTERVALS	6:30pm-7:15pm	BASKETBALL DROP IN ALL AGES	6:30pm-8:00pm	AQUAFITNESS	
MOBILITY & STRETCH	7:25pm-7:55pm	BADMINTON DROP IN 18+	8:30pm-10:00pm	AQUAFIT	8:30am-9:15am
		PRESCHOOL ROOM		AQUAFIT	8:00pm-8:45pm
		PRESCHOOL DROP-IN (Parent Participation)	9:00am-12:00pm		
		PRESCHOOL DROP-IN (Parent Participation)	1:00pm-4:00pm		

Circle at the Centre

70 Collier Street, Barrie, ON, L4M 1G8 (705) 726-4242

FREE EVENT 11:00am-3:00pm

There will be a DJ Skate Party, Crafts, Inflatables, Food, Face Painting, Inclusion Zone, Bonfire to keep warm, Food Vendors, Family-orientated games & activities and Free Hot Chocolate
www.barrie.ca/dropins for more details

